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LONDON TERROR ATTACK

'TELL THEM CHRISSY SENT YOU'

CHRISTINE ARCHIBALD

Honour our daughter
by helping others:
Canadian victim's family

POLICE RAIDS

Twelve arrested after
rampage that killed
seven, injured nearly 50

GENERAL ELECTION

Campaign suspended
for a day the same week
Britain heads to polls

metroNEWS

Ottawa metro

RENT
or
OWN

Why the grass
is greener on
the other side
of a white
picket fence
metroLIFE

Your essential daily news | MONDAY, JUNE 5, 2017

High 16°C/Low 11°C Showers



We will learn from London: Ottawa mayor

TERRORISM

Watson talks security ahead of Canada 150



**Ryan
Tumilty**
Metro | Ottawa

As Ottawa prepares for thousands of visitors to cram downtown streets for Canada 150 events, Mayor Jim Watson said the police will take away lessons from the attack over the weekend in London.

But the mayor cautioned there is no way for the city to be completely safe.

"When you see a tragedy take place in London, on London Bridge or in Manchester, you begin to think, could that happen here? And sadly, the answer is yes," said Watson. "There is no 100 per cent solution to terrorism."

On Saturday, a group of attackers drove into pedestrians in London, got out of their vehicle and began indiscriminately attacking people with knives, leaving seven dead.

Watson said he was saddened by the events in London, especially as news broke that a Canadian was among the dead. He said it also serves

as a reminder of danger.

"It's always a wake-up call for us in leadership roles to be vigilant with the world we live in," he said.

He said he believes the police will be able to make Canada Day a safe event for everyone.

"I have great confidence in our police to provide the mechanisms to keep our residents safe."

The police in Ottawa work closely with other law-enforcement agencies and, Watson said, they learn from tragedies overseas. He pointed to the attack on a Christmas market in Berlin in December of last year. That attack involved a man driving a truck into pedestrians at high speed.

Following that attack, the city set up heavy equipment on downtown streets for New Year's Eve events in a bid to make them more secure.

"We had to go and put front-end loaders at all cross-section streets."

He said he's confident police will take all the necessary steps and also encouraged residents to be watchful.

"Our job is be as vigilant as possible, ask the community to be our eyes and ears as well, because we can't have a police officer on every street corner."

A participant in a goat yoga practice session at the Canada Agriculture Museum pets a visitor.
COURTESY CANADA SCIENCE AND TECHNOLOGY MUSEUMS CORP.



GOAT GURU

Ottawa yogis get help finding their chakra

metroNEWS



Officials listening to needs of Para Transpo riders

SERVICE

Staff discuss booking issues and set up working group



Alex Abdelwahab
Metro | Ottawa

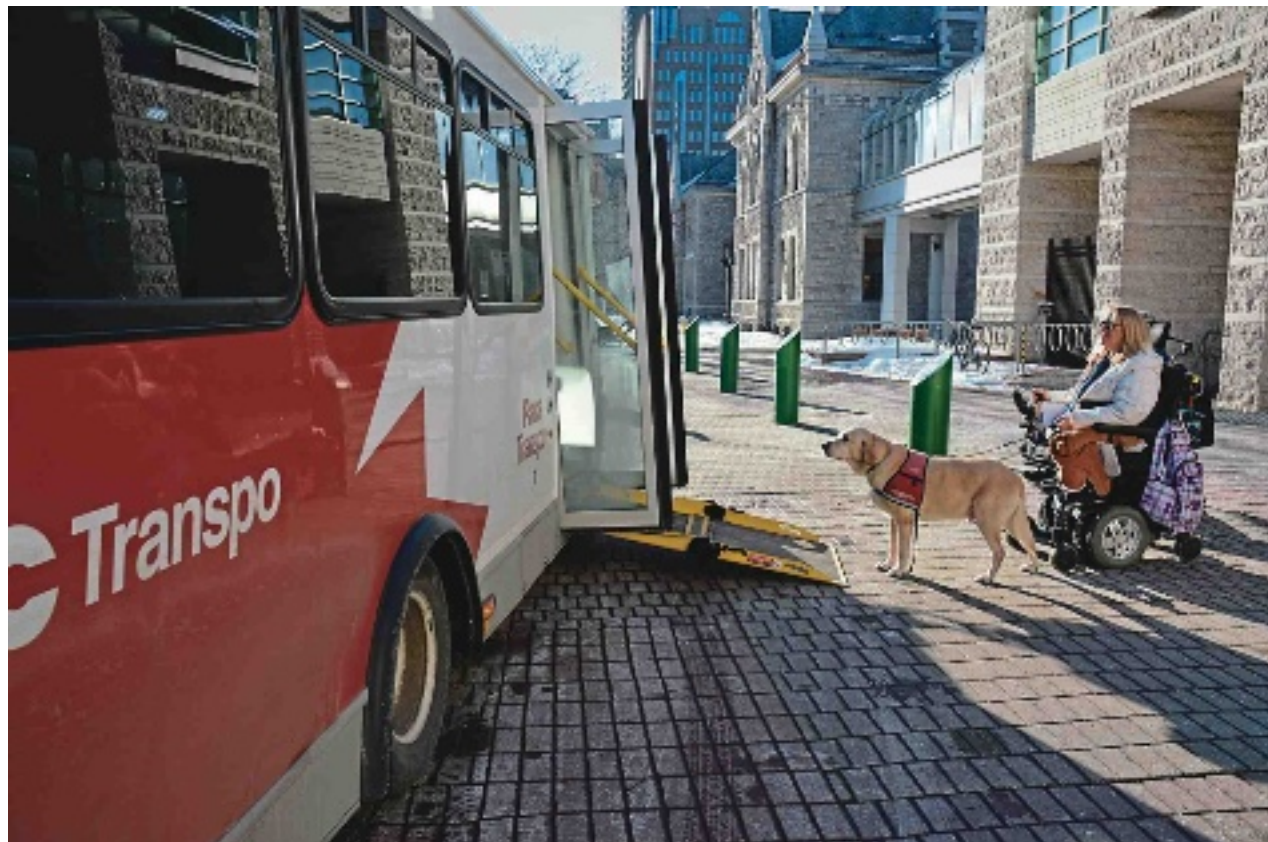
Para Transpo riders and OC Transpo staff held a productive meeting last week to discuss issues with the service, both sides say.

The issues included the long wait to book a bus with the current phone system and lack of an online scheduling system. The booking system had also gone down a few times in the last month.

"We try to meet everybody's transportation needs when we're providing Para Transpo service and sometimes those best efforts don't meet every need," Pat Scrimgeour, OC Transpo's director of transit customer service and planning, said.

Both parties have agreed to hold a working group to look at the booking system.

"What we're going to try to do is reconvene some of the same people that were involved in the last two rounds of consultations," Scrimgeour said, explaining Para Transpo



Joy Tomkinson and her service dog Joel wait to board a Para Transpo bus. METRO FILE

held consultations on a new design for the buses and on a policy change approved last year.

He also said that as for the booking system going down,

the same issue has never recurred, but the system suffered from three or four different problems.

"Each problem when it's come up has been resolved

more quickly, because the supplier is giving us a little higher attention," Scrimgeour said.

Para Transpo rider John Redins, who was at the meet-

ing last week, said he will take part in the working group, which he hopes will convene in July, with the goal of presenting to the transport committee in the new year.

TECHNOLOGY

New contracts, summer hires add to Phoenix woes

The federal government's bug-addled public service pay system saw a fresh spike in problems last month, the result of new labour contracts and summer hiring, officials said Friday.

Public Services and Procurement Canada managed to stabilize the backlog of pay change files that were being dealt with in March and April, deputy minister Marie Lemay told a teleconference.

But the backlog surged by about 10 per cent last month when the Phoenix system was inundated with new pay requests, she said.

The system was jammed by pay changes made to accommo-

date new collective agreements coming into force for roughly 24,000 government employees working as financial managers, auditors, scientists and patent examiners, among others.

In addition, about 5,000 summer students were hired.

There are roughly 345,000 pay change transactions currently in the system, about 265,000 more than the system's average monthly capacity of about 80,000, officials said.

"All this means the number of transactions awaiting processing has grown," said Lemay.

At least one union representing civil servants predicted the backlog could grow larger still as new collective agreements come into force.

"The government should have foreseen this challenge months ago," said Steve Hindle, vice-president of the Professional Institute of the Public Service of Canada.



The government should have foreseen this challenge months ago.

Steve Hindle, Professional Institute of the Public Service of Canada

"The number of pay transactions resulting from implementation of new collective agreements is only going to increase over the coming months."

The government said last month it was hoping to enlist 200 temporary workers on top of the 300 hired to date to deal with the Phoenix issues, which initially left tens of thousands of public servants underpaid, overpaid or not paid at all.

Lemay said Friday she expected up to 230 new pay system employees could be hired over the next two years, 90 of them at the government pay centre in Miramichi, N.B.

How long it will take to tame the backlog will depend on how quickly the department can hire — and train — new compensation advisers, said Lemay, noting that intensive "boot camp" training sessions were underway for the latest new hires.

The government said it will spend \$142 million in hopes of bringing the Phoenix system to what it calls a "steady state."

The Liberals blamed the expense on the Conservatives, who they said axed hundreds of workers who handled pay claims before Phoenix was brought on line.

THE CANADIAN PRESS

OTTAWA WEST-NEPEAN

Voter fraud allegations ignored: PC Association

There will be no new vote for a Progressive Conservative candidate in Ottawa West-Nepean, despite several allegations of voter fraud during the original nomination meeting.

Ontario PC Leader Patrick Brown intervened in the appeals process Saturday and appointed Karma Macgregor the candidate

for the area, according to Ottawa West-Nepean (OWN) Progress Conservative Association President Emma McLennan.

This nullifies the appeal filed by Jeremy Roberts after he lost the nomination by 15 votes, in a nomination meeting on May 6, according to McLennan.

"I'm disappointed," McLennan told Metro. "It looks like Patrick Brown is condoning voter fraud."

Last month, McLennan sent letters to the Ontario PC Party detailing allegations of voter fraud, including that there were 28 more votes than the number of people registered to cast them, and evidence of ballot stuffing, with 17 ballots disallowed.

McLennan said she had also found "suspicious irregularities" in the membership list. Roberts called the decision disheartening in a post on his Facebook page.

"My campaign attracted many young people with high energy who got involved in politics and the PC Party for the first time to support me," he wrote. "Seeing us lose through fraud and manipulation was a crushing experience for them"

Neither Brown nor Macgregor responded to attempts to contact them.

Meanwhile, Rick Dykstra, president of the Ontario PCs replied to a request to comment on the decision not to call for a new vote in Ottawa West-Nepean by saying future nominations will be monitored by PriceWaterHouseCoopers.

ALEX ABDELWAHAB/METRO



Karma Macgregor
CONTRIBUTED



Jeremy Roberts
CONTRIBUTED

Bus cancellations not slowing down with thaw

PUBLIC TRANSPORTATION

Route 95 service halted most often across network



Ryan Tumilty
Metro | Ottawa

An end to winter does not

appear to have brought with it an end or even much of a slowdown in bus cancellations on OC Transpo.

Metro took another look at the data after a project we first set up in May to track bus cancellations across the system.

We continued to use the @OCTranspoLive twitter account to catalogue which routes were cancelled most often.

In the first three months

of this project — February, March and April — there were 4,530 cancellations across the system. In May, there were 1,485 cancellations.

The @OCTranspoLive account does not flag all cancelled buses and city officials have stressed in the past that many routes are returned to service after cancellations take place.

Again the major routes impacted were the busiest

routes. As in the first three months, the Route 95 was cancelled most often, being pulled from service 178 times in May.

Other crosstown routes like the Route 94, the Route 91, Route 97 and Route 98 were also often cancelled.

Among local routes, the Route 1 was the most often cancelled at 62 times, with the Route 11 and Route 7 also making the list.



DETAILS

Using the transit agency's @OCTranspoLive Twitter account, Metro catalogued which routes were most affected by cancellations across the system.

From February to April, it was found that 4,530 routes were shut down.

SUNNYSIDE BRANCH

Library to close for tech upgrade



Alex Abdelwahab
Metro | Ottawa

The Sunnyside branch of the Ottawa Public Library will be closed for 10 days this month as the branch switches over to a new scanning technology.

The branch will be closed from June 19 to June 28, so that the library can upgrade to Radio-Frequency Identification (RFID) technology.

Yvonne van Lith, manager of public services for four branches including Sunnyside, said the new technology will allow employees to spend less time checking in items and more time walking around talking to people.



That saves the staff a huge amount of work.

Yvonne van Lith

"You're going to be able to see with a beautiful big window, our lovely new sorter," she said, adding the machine checks in books immediately, determining which are staying in the library and which need to be returned to another branch.

"That saves the staff a huge amount of work."

She said about 1,000 items go out from the branch every week.

Sunnyside is one of the last branches in the city to make the switch. The system replaces barcodes with chips, which emit low-level radio frequencies that are detected by a special reader.

The \$4.4 million process began in 2012.

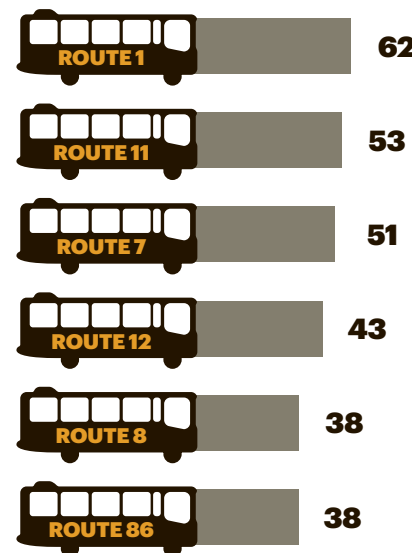
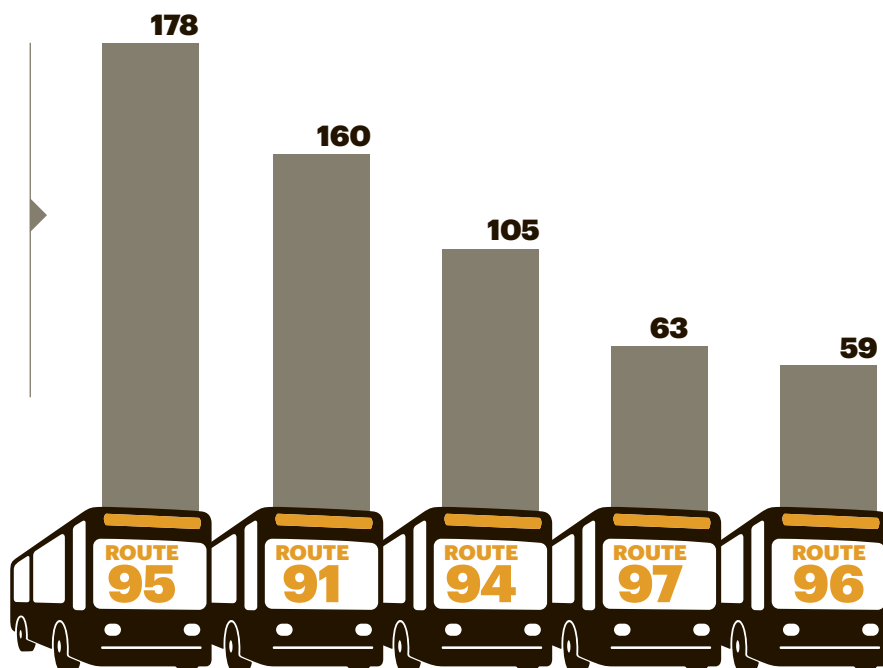
1,485

There were a total of 1,485 bus cancellations on OC Transpo routes in May.

BY THE NUMBERS

The major routes with the most cancellations

In addition to Route 95 being the most cancelled major route on the OC Transpo network, Route 91 was halted nearly as much with 160 stoppages. The top five most affected buses were rounded out by Route 94 (105), Route 97 (63) and Route 96 (59).



BY THE NUMBERS

Local routes

Among the local routes, Route 1 was cancelled the most often with 62 shutdowns. It was directly followed by Route 11 (53) and Route 7 (51).

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CANADA 150 PROJECT MAYOR, MP HELP PLANT MAPLE TREES Mayor Jim Watson and MP David McGuinty turn over some dirt Sunday at an event highlighting the city's Canada 150 Maple Groves project, which aims to plant a grove of 150 maple trees in every ward across the city. RYAN TUMILTY/METRO

Ottawa DIGEST

Firefighters launch annual Wake Up campaign

Ottawa firefighters will be knocking on doors between June 5 and 12 to check for working smoke and carbon monoxide detectors as part of their annual Wake Up campaign. There will be a second campaign in the fall.

Firefighters will give homeowners who need new or additional smoke detectors information on how to acquire one. Homeowners without any working detectors may have one immediately installed for them. Firefighters may also provide new batteries.

Visits will take place between 6 p.m. and 8 p.m. on weekdays and 2 p.m. and 4 p.m. on weekends. Firefighters will be in uniform.

Residents are under no obligation to allow firefighters into their home.

METRO

Apartment fire kills pets, sends man to hospital

A Sunday morning fire at an apartment complex in the CentrepoinTE area of Nepean has killed several family pets and sent one man to hospital.

The fire started in the living room of a third-floor apartment at 28 Rockway Cres., a four-storey apartment building, near Baseline Road and CentrepoinTE Drive, around 8:30 a.m.

Everyone got out of the fire, but there were multiple deceased family pets, according to Ottawa Fire Services.

Paramedics transported a man in his 20s to hospital for smoke inhalation. He is reported as being in stable condition.

Two women and two men in their 20s have been displaced by the fire, according to Ottawa Fire.

METRO

Ottawa firm to profit from tighter emissions policies

CLIMATE CHANGE

Global demand rising for energy-efficient products

As debate swirls about the political and economic impact of the U.S. government's intention to withdraw from the Paris climate change accord, an international agreement to reduce carbon emissions, an Ottawa clean-tech firm says it's poised to profit from the era of tighter global regulations.

Bill Crossland, CEO of Ther-

mal Energy International, says the attitudes towards tighter carbon reduction policies since the Paris Climate Accord was first agreed upon have meant a boom in business for the Ottawa firm that develops products for companies to increase their energy efficiency.

"It's having a positive impact. We've seen a real shift, change in the marketplace," Crossland says. "It's not just

countries that have agreed. Virtually every multinational company around the world, of which many are our customers, are in support of it as well."

There's a business case to be made for environmentally conscious operations under an international accord. Crossland says that energy-efficiency products, such as the heat and steam recovery systems Thermal Energy develops, are at-

tractive money savers for firms that have the added benefit of reducing carbon emissions.

"There's lots of ways you can reduce carbon emissions, but increasing energy efficiency is the cheapest, the easiest, and the fastest way by far to do it," he says.

Signals that the U.S. might pull back its climate change goals rang of opportunity for Canadian cleantech.

Prime Minister Justin Trudeau told the Calgary Chamber of Commerce in a speech last December that Canada would gladly step up to take advantage of the need to reduce carbon emissions, and Canadian

investor Tom Rand told a San Francisco cleantech conference in February that "if the U.S. wants to walk away from climate action, then Canada will be more than happy to eat its cleantech lunch."

Crossland says corporations have been setting their own targets for carbon reduction before the Paris Agreement, and that he anticipates American firms to continue to do so for the economic benefits.

"Major corporations ... invest to reduce carbon because it saves them money. They're doing it because it's a good return on investment."

CRAIG LORD/OTTAWA BUSINESS JOURNAL

“There's lots of ways to reduce carbon emissions, but increasing energy efficiency is the cheapest, easiest, and fastest. Bill Crossland

CRIME

SIU called in after shootings in downtown leave two dead

Ontario's police watchdog is investigating a series of three shootings — one involving a police officer — that left two people dead in downtown Ottawa.

Special Investigations Unit spokesman Jason Gennaro says an officer who was in the area at the time of the first shooting tried to arrest a man who he believed was involved in the incident.

Gennaro says the man fled,

and a second person was shot.

The second person shot, a 43-year-old man, was taken to hospital and pronounced dead.

Gennaro says the officer followed the man believed to be involved in the shootings into a parking garage, where there was a confrontation.

He says several shots were fired, and the man was pronounced dead at the scene.

His name and age have not

been released.

The SIU is automatically called in to investigate reports involving police where there has been death, serious injury or allegations of sexual assault.

Gennaro says the SIU is taking the lead on the investigation, but will work in tandem with the Ottawa police service. He says he's not aware of a threat to the public.

THE CANADIAN PRESS

HOUSING

Condos help push real estate market to new heights in May

After months of gaining steam, Ottawa's housing market

surged in May as buyers set an all-time record for sales in a single month and average resale prices, new figures from the Ottawa Real Estate Board (OREB) show.

OREB members sold 2,300 residential properties last month, an increase of 19.9 per cent over May 2016. To put that number in further context, the five-year average

for May sales is 1,946.

OREB president Rick Eisert said in a statement that last month's sales numbers "(blow) the previous record out of the water by 315 units."

"One of the reasons for these stellar numbers can be attributed to the condo market, which has really helped strengthen the whole market over the past several months," Mr. Eisert added.

Ottawa's real estate mar-

ket currently favours sellers. OREB says listings are down and homes are sitting on the market for fewer days, often attracting multiple offers.

Prices, however, remain relatively steady in the eyes of the board. The average resale price in May was \$436,625, an all-time high. That's up from about \$435,900 in April and \$406,000 in May 2016.

PETER KOVESSY/OTTAWA BUSINESS JOURNAL

Yoga goes wild as goats added

TREND

Idea for two sold-out classes came from social media



Ryan Tumilty
Metro | Ottawa

Two classes at the Canadian Agricultural Museum this week will aim to help people feel good and break some of their baaaad habits.

For the first time ever, the museum is hosting a goat-yoga class. No, goats won't be assuming any postures themselves, but they will be roaming around the room while the human participants do their downward dogs.

Arianne Richeson, an education and interpretation officer at the museum who's also a yoga teacher, will run

the class.

"We did not invent the idea. This is something that some of our staff were seeing online or on social media," she said. "It's definitely emerged as kind of a trend in yoga."

The class will run for 75 minutes on Tuesday and Wednesday this week.

Richeson said there will probably be fewer standing postures than in a typical class, keeping participants a little closer to the ground — and the goats.

"We have the elements of this thing that seems to be making people smile," she said.



Goats in general are curious and quite friendly.

Arianne Richeson

Richeson said she's not 100 per cent sure how the goats will behave in the two sold-out classes, but she's reasonably confident it will go well.

"The goats we have here on our site are born at the museum and raised here at the museum, so they're really used to being around people," she said.

"Goats in general are curious and quite friendly."

She said she was stunned by how many people wanted to participate in the event.

"It obviously seems to have struck a chord with people."

She said right now they have no plans for more classes, but if the event goes well it could be repeated.

75

How long the classes will run on Tuesday and Wednesday this week.



Participants in a goat yoga practice session at the Canada Agriculture Museum.

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The Speaker conundrum

POLITICS

B.C. legislature wrestles with significant appointment

The feigned reluctance of a newly elected Speaker who, following parliamentary tradition, pretends to resist being dragged to the head of the legislative chamber may soon be more than mock theatrics in the British Columbia legislature.

The narrow results of last month's provincial election mean none of the three parties are eager to give up one of their voting members to take on the role of impartial arbiter of the house, and experts say an impasse could send voters back to the polls.

The Speaker's role is to enforce the rules in the legislature and he or she only votes in the event of a tie, and even then only to maintain the status quo, as per tradition.

Gary Levy, former editor of the Canadian Parliamentary Review, said the absence of a Speaker would provoke a constitutional crisis.

"Basically, you have no parliament," he said. "Nothing can occur until the a Speaker is elected, which is always the first order of business following an election."

The May 9 election ended with the Liberals winning 43 seats, while the NDP took 41 and the Green party secured three. The NDP is proposing a minority New Democrat government propped up by the Greens with 44 seats, compared with 43 for the Opposition Liberals, before the Speaker is taken into account.

"It's almost an untenable

situation any way you look at it," said Philippe Lagasse, a professor at Carleton University in Ottawa who studies the Westminster parliamentary system.

But there is "fluidity" around conventions, he added.

NDP Leader John Horgan, who has entered into an agreement with the Greens, said he would be open to having a Liberal Speaker, which would put him at a 44-42 advantage.

"Absolutely," Horgan told reporters last week. "I want to make this minority parliamentary work."

There is no rule that a Speaker has to come from the governing party.

But a Liberal party spokesman said their members all agreed not to take the job.

Matt James, who teaches political science at the University of Victoria, said it is hard to imagine why the Liberals would willingly offer a Speaker from their ranks just so the other side could have a working majority.

"Any Liberal who volunteered for the task would quickly become a pariah within Liberal circles," he said.

If an NDP or a Green MLA is appointed Speaker, that leaves the house at a 43-43 tie before the predicted confidence vote. Despite coming from the Opposition benches, the unwritten rules of the house would demand that the Speaker vote to prop up the government, which in that case would be the Liberals under Premier Christy Clark.

In such an instance, a nominee for the position could openly state he or she would break with convention on this one occasion and, given the uniqueness of the situation, cast a deciding vote to bring down the government.

THE CANADIAN PRESS



CONFLICT SITUATION IN SOUTH SUDAN DIRE An elderly South Sudanese refugee wearing a Santa Claus hat carries his bibles under his arm as he walks to church in Bidi Bidi camp in Uganda on Sunday. Bidi Bidi is a sprawling complex of mud-brick houses that is now the world's largest refugee settlement holding some of those who fled the conflict in South Sudan. As South Sudan's civil war moves well into its fourth year, aid workers are struggling to meet the needs of 1.9 million internally displaced people. An estimated 250,000 are disabled and living in UN civilian protection sites across the country, the World Health Organization says. Even in the camps, many end up living in squalor with little assistance. THE ASSOCIATED PRESS

INVESTIGATION

Special counsel now eyes ex-Trump campaign chief

The special counsel investigating possible ties between President Donald Trump's campaign and Russia's government has taken over a separate criminal probe involving former Trump campaign chairman Paul Manafort, and may expand his inquiry to investigate the roles of the attorney general and deputy attorney general in the firing of FBI Director James Comey.

Deputy Attorney General Rod Rosenstein said he would step aside from any oversight of special counsel Robert Mueller if he were to become a subject of Mueller's investigation.

The Justice Department's criminal investigation into Manafort predated the 2016

election and the counterintelligence probe that in July began investigating possible collusion between Moscow and associates of Trump. Manafort was forced to resign as Trump campaign chairman in August amid questions over his business dealings years ago in Ukraine.

The move to consolidate the matters, involving allegations of misuse of Ukrainian government funds, indicates that Mueller is assuming a broad mandate in his new role running the investigation.

The expansiveness of Mueller's investigation was described to the Associated Press. No one familiar with the matter has been willing to publicly discuss

the scope of his investigation because it is just getting underway and revealing details could complicate its progress.

Rosenstein acknowledged that Mueller could expand his inquiry to include Attorney General Jeff Sessions' and Rosenstein's roles in the decision to fire Comey. Rosenstein, who appointed Mueller as special counsel, wrote the memorandum intended to justify Trump's decision to fire Comey. Sessions met with Trump and Rosenstein to discuss Trump's decision to fire him despite Sessions' pledge not to become involved in the Russia case.

When asked whether Mueller's investigation could expand

to include examining Sessions' role, Rosenstein responded: "It gives him authority for the investigation and anything arising out of that investigation."

Under Justice Department rules, Mueller is required to seek permission from Rosenstein to investigate additional matters other than ones already specified in the paperwork formally appointing Mueller.

"I've talked with Director Mueller about this," Rosenstein said. "He's going to make the appropriate decisions, and if anything that I did winds up being relevant to his investigation then ... if there's a need from me to recuse, I will."

THE ASSOCIATED PRESS

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Christine Archibald and her fiancé Tyler Ferguson. Archibald was identified as the Canadian woman killed in a terror attack on London, England. FACEBOOK

DETAILS

12 arrested in London after attack

British police arrested a dozen people Sunday in a widening terrorism investigation after attackers using a van and large knives turned a balmy evening of nightlife into a bloodbath and killed seven people in the heart of London. Daesh claimed responsibility.

Although the attackers were also dead, authorities raced to determine whether others assisted them, and Prime Minister Theresa May warned that the country faced a new threat from copycat terrorist attacks.

The country's major political parties temporarily suspended campaigning with only days to go before the general election. May said the vote would take place as scheduled Thursday because "violence can never be allowed to disrupt the democratic process."

The assault unfolded over a few terrifying minutes late Saturday, starting when a rented van veered off the road and barrelled into pedestrians on busy London Bridge. Three men then got out of the vehicle with large knives and attacked people at bars and restaurants in nearby Borough Market until they were shot dead by police.

"They went 'This is for Allah,' and they had a woman on the floor. They were stabbing her," witness Gerard Vowls said.

London police said officers killed the attackers within eight minutes of arriving at the scene. Eight officers fired some 50 rounds, said Assistant Commissioner Mark Rowley, the force's head of counter-terrorism.

A bystander was also wounded by the gunfire, but the civilian's injuries were not believed to be critical.

Forty-eight people, including two police officers, were treated at hospitals. Twenty-one remained in critical condition Sunday. THE ASSOCIATED PRESS

Family remembers London victim

TERRORISM

B.C. woman identified as Canadian killed in attack

A Canadian woman killed in the terror attack that left seven people dead in London was remembered Sunday as someone who had a big heart and respected everyone.

Family members say Christine Archibald, 30, from British Columbia was a victim of the attack on London Bridge and in the bustling produce market nearby.

The attack began at about 10 p.m. local time Saturday, when three men drove a van into ped-

estrians on London Bridge, police said.

The attackers, wielding blades and knives, then ran down a set of stairs into Borough Market where they stabbed people in several different restaurants.

Her family in Castlegar, B.C. released a statement Sunday through the Canadian government saying Archibald worked in a homeless shelter before she moved to Europe to be with her fiancé Tyler Ferguson.

"She had room in her heart for everyone and believed strongly that every person was to be valued and respected," the statement said. "She would have had no understanding of the callous cruelty that caused her death."

The family asked that people

honour her memory by making the community a better place.

"Volunteer your time and labour or donate to a homeless shelter," the statement said. "Tell them Chrissy sent you."

The Canadian government is advising citizens to be vigilant in the wake of the attack. The government and diplomats on the ground in London are advising travellers to avoid the affected areas, follow the instructions of local authorities and monitor local media.

Governor General David Johnston tweeted about the attack, calling it "evil and senseless." He said he was "heartbroken to learn that a Canadian is among those who lost their lives."

Prime Minister Justin Trudeau said Canada would stand



She had room in her heart for everyone and believed strongly that every person was to be valued and respected.

Christine Archibald's family

with the U.K. in the fight against terrorism.

"We grieve with the families and friends of those who have lost loved ones, and wish all those injured a speedy and full recovery," Trudeau said. "Londoners and people across the United Kingdom have always displayed strength and resilience in the face of adversity. We recently witnessed this after the attacks in Manchester and in the Westminster area of London. This time will be no different."

Opposition leader Andrew Scheer said in a written statement Sunday that Canada and the U.K. have historically stood "shoulder to shoulder" against threats.

"I do not want to see my children grow up in a world where they are afraid to go to the mall, or a concert, or travel the world," Scheer said. "This is why Canada, and our allies, must be fully committed to confronting and destroying this terrorist threat."

THE CANADIAN PRESS

MANCHESTER

'We're gonna be alright'

Ariana Grande has paid tribute to the victims who died at her Manchester concert with an all-star affair in the city with the help of Katy Perry, Justin Bieber, Liam Gallagher, Miley Cyrus and others.

Grande emerged onstage for the One Love Manchester concert Sunday. She appeared teary-eyed and emotional as she performed her hits "Be Alright" and "Break Free."

She told the audience, "Manchester, we're gonna be alright."

Before her performance, she and her dancers held hands in solidarity.

Grande sang multiple times throughout the three-hour-plus show, even duetting with Miley Cyrus, the Black Eyed Peas, Mac Miller and the Parris Wood High School Choir, one of the show's strongest moments. Other performers featured were Coldplay, Pharrell Williams, Take That, Imogen Heap, Robbie Williams, Marcus Mumford and more.

The concert raised money for victims and those injured in the suicide bombing that struck at Grande's May 22 show. Twenty-two people were killed and dozens more were injured.

THE ASSOCIATED PRESS



Ariana Grande performs on stage on June 4, 2017 in Manchester, England.

GETTY IMAGES

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URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

How do I explain to my son why he wasn't mentioned in grandma's obituary?

Dear Ellen,

I was in a relationship with an individual who went from drinking to drugs and gambling. When our son was five, I asked him to move out. A year later he committed suicide. His mother made an effort to keep in touch, and my son spent summer breaks with her when he was little and enjoyed his time with her a great deal. His grandpa would say hello to him, but conversations did not go much further. My son's aunt took him for lunch once. His uncle asked me to drop my son off for a visit occasionally, which I always did. I felt it important for him to know his father's family. About four years ago we stopped hearing from any of them. I recently learned that grandpa died three years ago, and grandma died a month ago. My son was not notified, nor was he mentioned in either obituary. He is very hurt. I don't understand how anyone could be that mean to a child. Should I say something?

Donna

Dear Donna,

Please accept my heartfelt sympathy for you and your son. It's sad enough he lost his father. But for his aunt and uncle not to tell you about his grandparents' deaths, and then to ignore your son's existence in the obituaries, is not merely rude, it's cruel.

The cruelty may or may not have been intended. Maybe they mistakenly assumed you were the one who cut off contact. Or they're following their late parents' misguided

wishes in avoiding contact. At worst, they don't want to share a portion of the estate. At best, perhaps your son is too painful a reminder of their poor dead brother. It doesn't matter. They are adults. Their pain doesn't give them the right to inflict pain on a child, or trump a son's right to be acknowledged. I'd even argue they're hurting themselves by cutting off communication — indulging in a form of denial likely to hinder their own efforts to get past it.

Your situation is more complex, but it speaks to a common etiquette problem with couples who split.

Friends and family pick sides, and then shun the children as well as the ex-partner — feeling morally superior to the “bad ex,” while blithely inflicting pain on innocent children who also suffer the searing effects of that shunning. I always remember the wise words on this subject in the classic teen movie *Clueless*. Cher (Alicia Silverstone) is complaining to her father (Dan Hedaya) about having to spend time with her step-brother: “But you were hardly even married to his mother and that was five years ago. Why do I have to see Josh?” He stands firm: “You divorce wives, not children.”

For your own sake, and your son's, you can still do the polite thing, and send a sympathy card. Tell your son's aunt and uncle how sorry you were to hear about their parents' deaths, mention how much your son enjoyed time with his grandmother when he was young, and wish them the best.

Don't expect a reply. The point is that you will feel better for having done the right thing, and the door will be open if they ever want to resume contact.

Need advice?
Email Ellen:
askellen@metronews.ca



© Ani Castillo

VICKY MOCHAMA

No one told Mavis Otuteye she did not have to die that way

Mavis Otuteye wanted to meet her new grandchild. She never got there. She died of hypothermia while walking into our country.

Her death is an indictment of a national and global failure to respond meaningfully to the worldwide migrant crisis. Yet, a clear and concerted strategy seems to be far away.

Otuteye, a Ghanaian woman, had been living in the States since 2006. In light of the Trump administration's crackdown on undocumented persons, it is reasonable that she would not want to make herself known to immigration authorities. A danger of living without papers is that a chance incident can lead to one's removal. With the knowledge that asylum claimants would be turned away at official border crossings because of the Safe Third Country Agreement (STCA), it is still more plausible that walking across the border made the most sense to Otuteye.

However, the CBC reports Otuteye would have been allowed under the STCA because her granddaughter is a Canadian citizen. The accord has a number of compassionate grounds on which migrants can cross between borders.

Having told no one of her plan, Otuteye was unaware of her options.

What is contained in words and documents is far different to the reality on the ground. The terms of the STCA and a tweet from the prime minister welcoming refugees are part

of a world of misinformation that puts migrants, especially undocumented ones, in danger. There is a world of ad-hoc systems, reliance on rumours, opportunistic scammers and ever-shifting legal paradigms.

Yet Canadian and international governments have not been able to provide migrants with any clarity.

Reports on the recent G7 summit in Italy overlooked the inability of world leaders to come to an agreement on the global migrant crisis. Because of American recalcitrance, the summit instead released a short statement acknowledging the problem but shifting responsibility back to individual countries. With Donald Trump in office, an international version of “Refugees Welcome” seems unlikely.

This will not stop the flow. After much pretence to public safety, Trump has finally tweeted that the executive order dubbed a “travel ban” by many is exactly that.

Still, the Canadian government insists it will not change the terms of the STCA. In Europe, the Guardian reports that the death rate for migrants crossing the Mediterranean has doubled. Meanwhile, the far-right has crowd funded enough money for a boat to intercept search-and-rescue boats there.

Whether we take action on it or not, the global migrant crisis is happening. Without a unified humanitarian solution, more migrants will continue to die like Mavis Otuteye: cold and alone.

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PHILOSOPHER CAT
by Jason Logan

WHERE DO YOU
BEGIN TELLING
SOMEONE THEIR
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When 34-year-old millionaire and luxury property developer Tim Gurner declared that millennials' dreams of homeownership are toast unless they rein in their spending on "smashed avocado for 19 dollars and four coffees at four dollars each," the backlash was fierce.

And it was not just because of his tone-deaf assertion that cash-strapped 20-somethings struggling with student debt could save for a home simply by scrimping and pinching and making their own avocado toast.

Gurner seemed to assume a house with a white picket fence should be part of everyone's financial plan.

Alex Avery, CIBC analyst and author of *The Wealthy Renter*, told Metro that for many young people, buying doesn't make sense (and it has nothing to do with spending money on fattening breakfast foods).

Although interest rates are low, Avery explained, house prices are high and people already have a lot of debt. And although a mortgage forces you to save, renters can replicate that in other ways — plus they're not saddled with costs like maintenance, renovations and interest,

which owners tend to discount when they're counting the piles of home-equity money they've made.

"There isn't one prescription for everyone," Avery said.

But, "there is no amount of logic, facts or supporting evidence that will convince a truly passionate homeowner that there's any better investment than homeownership."

We spoke to two long-term renters from different life stages who could have bought, but likely never will.

They had some great insights for those who are trying to decide between buying their first home or continuing to eat toast. (We kid!)

RENT or OWN

GENNA BUCK METRO

Homeownership has long been the gold standard but two long-term renters speak against the stigma often associated with not buying

John Plumadore, 68

RENTER #1

City: Toronto
Rent: \$1,738/month (two bedrooms)
Occupation: Retired

John Plumadore has never owned property. He retired seven years ago from a long career with Scouts Canada, and he and his partner have lived in the same high-rise complex in midtown Toronto, where homes typically sell for about \$1.5 million.

"I have chosen to rent because I want to be close to the subway and the downtown core, in a fairly nice area of the city," Plumadore said. "I live in a very prime area, part



of a community where I couldn't otherwise afford to live.

"The advantages are that you don't have to be putting money into repair, maintenance or additions. Anything needs fixing, the landlord fixes it.

He said he chose to use the 20 years of savings he would have put into the upkeep of a house into an RRSP for retirement.

Plumadore hails from the small town of Cornwall, Ont., where he said there's more "stigma" against renters. If he had stayed, he certainly could have afforded a house.

"Maybe I'd be a better position today, but who knows?" he said.

Will he ever buy? "Not unless I win a lottery ticket" — and maybe not even then.

"I would not want that worry as I get older, going to bed with a mortgage hanging over your head."

Graham MacFarlane, 31

RENTER #2

City: Edmonton
Rent: \$1,500/month (two bedrooms)
Occupation: Occupational health and safety

Like the avocado-toast naysayer Tim Gurner bragged about doing, Graham MacFarlane believes he could have bought a home by now if he put his "nose to the grindstone" and saved for at least 10 years. But as a renter, he lives in a nice two-bedroom Edmonton duplex that is within walking distance to his workplace, he's saving money, and has the freedom to move any time.

"It bothers me, the culture that surrounds this," MacFarlane said.

There was a time when he



dreamt about homeownership, too. "In my mid-20s, I went back to school to change careers, and that was of course an expensive experience. I had a car loan, student loan, all this debt.

"I was just despairing. How am I going to get out of this? Will I be able to afford a home before I'm 50?"

But after he got a job in his field and started paying down his debt, he starting "rethinking the assumption" of his goal. Renting, he said, isn't what people think.

Given the instability in the Alberta economy, MacFarlane is glad he didn't.

"Renting and spending your money on beer isn't responsible. But renting and saving and investing is a better plan than gambling all your eggs your home in your equity."



There isn't one prescription for everyone.

Alex Avery, CIBC analyst

\$409,838

The average cost to get into the home market in Ottawa

SOURCE: THE CANADIAN REAL ESTATE ASSOCIATION

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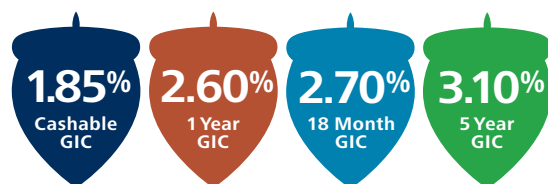
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Beware of 'lifestyle creep'



Open a new savings account and name it "beach bungalow" to stay motivated to save. ISTOCK

PERSONAL FINANCE

How much inflation to your lifestyle can you afford?

Lifestyle creep, or lifestyle inflation, is when you spend more as your income grows. It's not inherently bad. The trouble comes when you move to a bigger apartment or buy a newer car that eats up all the extra money your raise provides.

Making more money should be an opportunity to build wealth and protect yourself from inevitable financial setbacks. Strike a balance between spending more and developing financial security. Follow these steps and you'll forgo excessive lifestyle creep for, simply, a good life.

Give your money a destination

As soon as you learn a raise is coming, decide how to allocate it. That way, the money won't sit in your checking account and fall victim to a shopping spree.

"Being intentional is absolutely essential," says Philip Olson, a certified financial planner in Austin, Texas. "Otherwise, it's just going to fall through your fingers."

Estimate your new take-

home pay using a salary calculator. A large raise can put you in a higher tax bracket, which might mean a smaller paycheck boost than you expected. Suppose you'll earn \$200 more per month after taxes. One option, Olson says, is to go 50/50: Spend half your raise, or \$100, on whatever you want each month. Put the other \$100 toward financial goals such as savings and paying down debt.

Assess your financial security

What exactly should you do with the financial goals portion? It depends where you stand on the basics. If you were living paycheck to paycheck and have no savings cushion, send all the extra money to a savings account specifically for emergencies. That will provide backup if, for example, a larger-than-expected bill arrives in your mailbox. Fill up the fund until it hits at least \$500. Continue adding to your emergency fund, while working toward the other goals below, until you have the equivalent of three to six months of basic expenses saved.

Your next priority should be to pay off high-interest debt. Credit cards in particular typically have higher interest rates than student loans, auto loans or mortgages. The longer

your credit card balance grows with interest, the harder it will be to get rid of, which will take a bite out of your future earnings, says Jason Kirsch, a certified financial planner in Santa Monica, California.

Finally, it's ideal to save 10 to 15 per cent of income for retirement. A retirement calculator will let you know if you're on track. Get closer to that guideline by increasing your contributions at work or opening an individual retirement account.

Hide savings from yourself

Since it will probably be harder to save than to spend, set up automatic transfers so you avoid having immediate access to the money. Time your emergency fund and individual retirement account transfers so they occur the day after you're paid.

Olson recommends opening new savings accounts for other goals, too. If you decide to save \$50 per month in a house fund, name it "Beach Bungalow." The goal is to reward yourself now while also building excitement for the future — and keeping your spending in check. "Your lifestyle can creep," Olson says. "Just don't let it creep in perfect pace with your income. Because then you'll be broke."

THE ASSOCIATED PRESS

FRIDAY'S ANSWERS

Your daily crossword
and Sudoku answers
from the play page.

for more fun and
games go to
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9	2	1	8	5	4	7	6	3
6	7	5	9	3	1	2	4	8
3	4	8	2	7	6	9	5	1
2	1	7	3	4	5	8	9	6
4	8	3	1	6	9	5	2	7
5	9	6	7	8	2	1	3	4
7	5	4	6	9	8	3	1	2
1	3	9	4	2	7	6	8	5
8	6	2	5	1	3	4	7	9

Growing strawberries faster, sooner

PRODUCE

Enjoy fresh berries on the same day they are picked

Owen Roberts
Urban Cowboy



It's date night. And it's all about making an impression.

You're eating in, and as a special treat, you meticulously prepare chocolate-dipped strawberries for dessert. You sweeten the deal by pairing them with a sparkling wine. Nice touch.

But as soon as your date takes the first bite of her strawberry, the thrill is gone. Because beneath that sweet-looking red exterior is a bland tasting, imported U.S.-grown berry.

It was picked as many as 10 days earlier, and spent hundreds of kilometres travelling in a truck from California or Florida.

Given such conditions, it's no wonder every June consumers are bursting with anticipation for luscious, field-grown Ontario strawberries, at pick-your-own farms or markets.

The season can't start too soon. Through the years, plant researchers at the University of Guelph and elsewhere have worked to develop hardier, quality varieties with great flavour and a longer growing season.

These varieties are called day-neutral strawberries, so named because they flower throughout the growing season — unlike some traditional strawberry plants, which flower only once a season, during May and June.

And lately, the Ontario strawberry season is being



Even during winter months, Date Night strawberries are fresh, local and about twice as sweet as their American counterparts. When the time's right, they are gingerly picked by hand at harvest. COURTESY ORANGELINE FARMS

extended right through the winter, thanks to production in Canada's greenhouse capital, Leamington.

There, first-generation family farmers Jordan and Duffy Kniaziew of Orangeline Farms and their company Zing! Health Forward have pioneered a technique to successfully grow sweet, juicy Ontario greenhouse strawberries — marketed as Date Night Berries — all the way from November through to May.

And there's no mistaking them for U.S. imports.

"The flavour literally explodes in your mouth," Jordan says.

Even during winter months, Date Night berries are fresh, local and about



THE FUTURE of FARMING

Glass is a key to growth

Ontario also enjoys winter cucumbers, tomatoes and peppers, thanks to a vibrant and growing greenhouse industry. It now involves 200 farmers and nearly 2,900 acres of greenhouses. In March, the province invested \$19 million in a greenhouse innovation program, to encourage further investment in greenhouse technology and boost productivity.

Strawberries are truly a superfood

Strawberries are an excellent source of vitamin C — just one serving contains about half of a person's daily requirement. Vitamin C is a proven antioxidant, and strawberries are among the top 10 fruit and vegetables for antioxidant content. As well, eating more fruit and vegetables helps decrease the risk of obesity.

twice as sweet as their American counterparts. On what's

called the Brix scale, which measures sweetness on a

range from one to 20, Date Night Berries check in at 10 to 12 units. That reading compares well to imported berries at six to seven units.

The Kniaziew's berries are grown in a unique manner as well, with elevated growing gutters and an umbrella canopy. Humidification and cooling protection systems help extend the growing season, and LED lights give production a boost.

Then, when the time's right, they are gingerly picked by hand at harvest.

"We treat every berry like a newborn," Jordan says.

In fact, in many cases, the Zing! strawberries served on date night have even been picked the same day. At the most, they're three days from

FARM links

Poll question:

What's the best way to eat Ontario strawberries? Tell us at metronews.ca



Duffy Kniaziew, left, and his brother Jordan pioneered a technique to successfully grow sweet, juicy Ontario greenhouse strawberries. COURTESY ORANGELINE FARMS

their harvest date. Compare that to winter berries from the U.S., which typically spend more than a week in a truck. They're bred mainly for transportability, not taste.

Recently, other Ontario greenhouse growers have started following Orangeline's lead, meaning the winter berry market here is bound to expand.

For being pioneers and blazing the winter strawberry trail, Date Night Berries have received an Ontario Premier's Award for Agri-Food Innovation Excellence.

Owen Roberts is an agricultural journalist at the University of Guelph. Follow him on Twitter at @TheUrbanCowboy.



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MAKE IT TONIGHT

Sweet Kale and Banana Smoothie Bowl



PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada



The sweetness of banana makes the kale all but disappear in this powerhouse breakfast.

Ready in 5 minutes

Prep Time: 5 minutes
Serves 2

Ingredients

- 1/2 cup milk or coconut milk
- 1 cup Greek yogurt
- 1/2 cup chopped frozen kale
- 2 frozen bananas
- 2 tsp coconut oil, melted

Toppings

- 1 tsp chia seeds
- 1 tsp flax seed meal
- 1 Tbsp of muesli
- 1/2 sliced apple

Directions

- Place the milk, yogurt, kale, bananas and coconut oil in a blender. Whiz until smooth.
- Pour into a bowl and sprinkle with your favourite toppings.

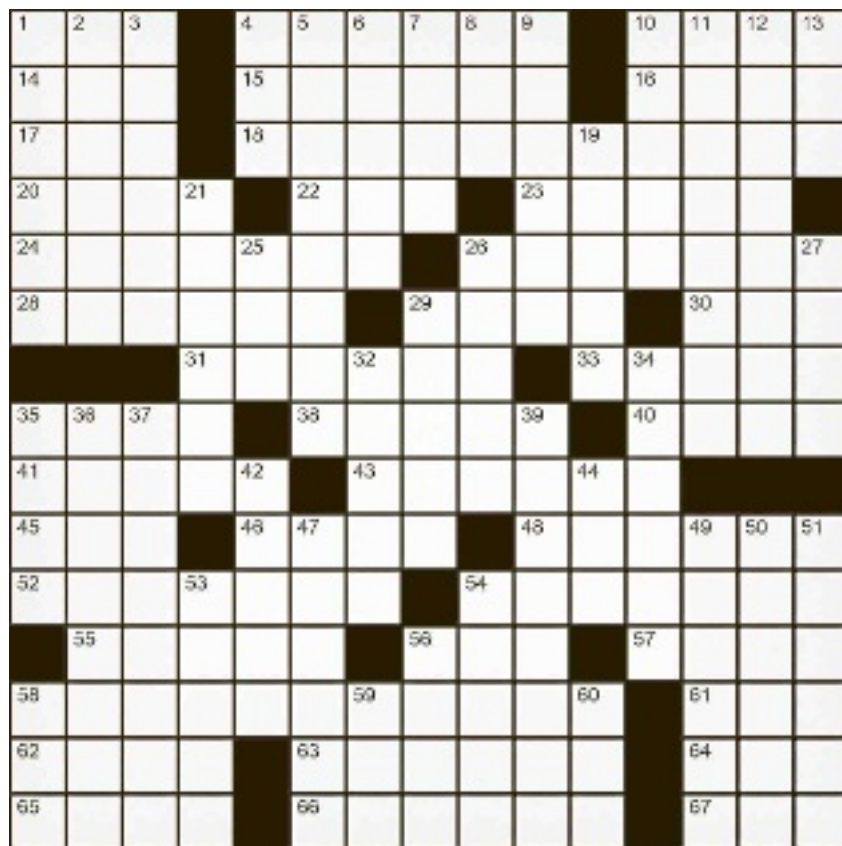
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Possibilities
- Hot dog topping
- Latin "year"
- Ms. Imbruglia, to pals
- Means of approach
- Forest favourite
- "Alice" waitress
- "The Natural Place" city of British Columbia: 2 wds.
- "Torn Curtain" (1966) actress Ms. Kedrova
- Singing pair
- Bobby and Brett of hockey
- A simple process might only consist of this: 2 wds.
- Wine made in the same-named archipelago of Portugal
- Entered the edifice: 2 wds.
- New Zealand fruit
- Mr. Arnold
- Right-hand pages
- American resort Lake
- ___-Cola
- Overseas moneys
- Doctrines
- Long circles
- Break-taking person
- Country singer Ms. McEntire, to pals
- Grammy-winning rock band from Guadalajara in Mexico
- Community in southern Ontario north of Waterloo
- Procedure



- Sprays unwanted graffiti on the wall
- Chills
- "How ya doing?"
- Profits
- County on the Peace River in Alberta: 2 wds.
- The Company org.

- Film's Ms. Fisher
- Body of water for Moses: 2 wds.
- Whichever
- Jeanne d'Arc, et al.
- Some suit fabrics
- ___ de deux

DOWN

- ___ of cash (Money coming in)
- Bambi's beloved
- Swiped
- Knock
- Exhibits in the courtroom
- Abate: 2 wds.
- Go ___ detail

- (Elaborate)
- Deryck Whibley's band, ___ 41
- American country music variety show: 2 wds.
- Confuse things
- Prehistoric stone artifacts
- Anchor per-

- son's realm
- Surgery sites, shortly
- Accountant's review
- Montreal-based media company acquired by Bell in 2013
- Bond
- Fermented soybean pastes
- Quebec "souls"
- North or South country
- Revolves
- Canadian war-time hero Billy Bishop, for one
- Business firm abbr.
- Cloudy
- The whole kit and ___
- Like part of a church's architecture
- Sniff
- Goblin
- Declare
- Arctic covering: 2 wds.
- Eye part
- Tries
- Closing sections in music
- Edible seaweed
- Team
- Marcia to Jan, for short
- Cleave
- Airline to Stockholm

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to take care of loose details regarding issues like taxes, debt, bills, insurance matters and anything to do with shared property. Make a list.

Taurus April 21 - May 21
The Moon today is in a sign that is opposite yours, which means you have to go more than halfway when dealing with others. This requires compromise and patience.

Gemini May 22 - June 21
Take care of details that you might have let slide, especially in buying items related to health and hygiene. Get this out of the way before your week gets busy.

Cancer June 22 - July 23
Today your focus will be on children, sporting events and anything to do with the hospitality industry or the entertainment world. Work behind the scenes, but make plans.

Leo July 24 - Aug. 23
Home and family are your focus today. If you can, you will stay home today because you want to cocoon and hide.

Virgo Aug. 24 - Sept. 23
This is a busy, fast-paced day! You might meet someone new or hear something new that intrigues you. Keep in mind that you are high-viz now, especially in the eyes of bosses and parents.

Libra Sept. 24 - Oct. 23
Today your focus is on money, assets and your possessions. You might have an attachment to something and not want to lend it to anyone.

Scorpio Oct. 24 - Nov. 22
Today the Moon is in your sign, which can make you more emotional than usual. However, it also can bring you a little bit of extra good luck!

Sagittarius Nov. 23 - Dec. 21
Work alone or behind the scenes today, because you need some privacy and quiet time. You need to restore and replenish your energy.

Capricorn Dec. 22 - Jan. 20
An encounter with a female friend or acquaintance could be important today. Perhaps you need to discuss serious future plans with this person.

Aquarius Jan. 21 - Feb. 19
For some reason, personal details about your private life might become public, especially in the eyes of bosses and parents. Just be aware of this in case you have to do damage control.

Pisces Feb. 20 - March 20
Do something different today. It's the beginning of the week, and you are hungry for adventure and a chance to learn something new.

CONCEPTIS SUDOKU by Dave Green

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